

Contact Us

Middlesbrough CLC
Acklam Grange School
Middlesbrough
TS5 8PB

01642 811400

[https://www.theskillsnetwork.com/
education-sector/courses/manual
-handling-safety-at-work-level-2](https://www.theskillsnetwork.com/education-sector/courses/manual-handling-safety-at-work-level-2)

Online CPD Distance Learning Course



Approximately 27 million working days were lost due to work-related illness or workplace injury during 2012. Some of these are injuries and illnesses that can be easily avoided.

This short, auto-marked programme will give you the knowledge you need to understand those risks and how to control and act upon any likely hazards.

A great addition to your CV to show your commitment to health and safety at work, this is also beneficial for general knowledge.

Completed online with auto-marked assessments, this programme can be completed in your own time.

- Place of study: **Learn from home**
- Type of course: **Online distance learning course with no exams**
- Course duration: **An average of 2-3 hours.**

Full customer service support will be provided throughout the course.

Section 1: The reasons for safe manual handling

In this section, your learners will cover the injuries and ill health associated with incorrect manual handling, employers' and employees' duties and the consequences for non-compliance with health and safety requirements at work.

Section 2: How manual handling risk assessments contribute to health and safety

Your learners will develop their understanding of the hazards and risks in manual handling work, the process for carrying out a manual handling risk assessment and the principles of the risk control hierarchy for manual handling.

Section 3: Principles, equipment and testing requirements for manual handling safety

In this section, your learners will cover the principles of safe movement for manual handling, the types of equipment used for manual handling tasks and the requirements for testing, servicing and examining manual handling and lifting equipment.

Section 4: Applying safe manual handling principles

Your learners will cover efficient and safe manual handling principles, including moving a load manually on their own, using manual handling aids and equipment, and undertaking a manual handling task as part of a team.

**BE
PART
OF IT.**

**Middlesbrough
Community Learning**

**BE
PART
OF IT.**

**Middlesbrough
Community Learning**